

Congregational Health Precautions

With the rising concern with the Coronavirus, I wanted to share what the church is doing to prepare for any infectious disease outbreak. It is important to remember that a more immediate health risk is the flu. For both the flu and the coronavirus, the church, it's staff, and members regularly interact with people that are higher risk.

Here is what we are doing:

- Asking ill worshippers and members to stay home—we can mail you bulletins and copies of the Pastor's sermon notes. The sermon is also posted to our Facebook page each Monday.
- Encouraging Employees to stay home if sick. Exploring the need to expand our sick leave policy beyond two weeks, and enable office staff to work from home.
- Regularly disinfecting every doorknob, door push, and handle in the church. Also disinfecting other regularly touched objects, including the collection plate, toys in children's room, etc.
- Using Intinction style Communion

Things you can do as an individual:

- Wash your hands more frequently, for at least 20 seconds. Also sterilize things you touch frequently, including cell phones, canes, keyboards, etc.
- Cough into crook of elbow, not into hands. Avoid touching your face.
- Get the flu vaccine, if you haven't already
- Increase Social Distancing— Make a new habit of bumping elbows instead of shaking hands or hugging. In crowds, keep 3 feet of distance between people (the excuse to have a pew to yourself that you've been looking for)
- If you are in a high risk group for complications from flu or coronavirus, do not hesitate to seek medical help. Also, keep a focus on staying healthy.
- Stay calm, and ask for assistance if you need it. The church is here for you and for the community. Don't read news reports from non-reputable sources.